



OVERLEIGH ST MARY'S COSMIC CANTEEN



SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

MONDAY

Creamy tomato pasta bake with garlic bread
and mixed veg

Jacket potato with cheese & beans
Cheese or ham batch

Chocolate Sponge and Custard
Water

W/C: 8th Sept, 29th Sept & 20th Oct

TUESDAY

Picnic Lunch Day

Sandwiches: tuna, ham, cheese, egg or
turkey

Served with a selection of crisps,
biscuits & juice

Water



WEDNESDAY

Roast chicken dinner or Quorn fillet
(vegan)
- served with roast
potatoes, stuffing, carrots & green beans

Chicken or egg batch

Jelly (vegan)
Water

WEEK 2

THURSDAY

Sausage and macaroni bake
or vegetarian pasta—served with
sweetcorn and garlic bread

Cream cheese or ham wrap

Jam Doughnut
Water

FRIDAY

Jumbo fish fingers, sausage roll
or vegan sausage roll—served
with chips & garden peas or
baked beans

Turkey or cheese wrap
Ice cream/ fruit smoothie

Water

