



OVERLEIGH ST MARY'S COSMIC CANTEEN

SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

MONDAY

Mac and cheese with
garlic bread & sweetcorn

Jacket potato with cheese & beans

Cheese or tuna batch
Mini Ring Doughnuts
Water

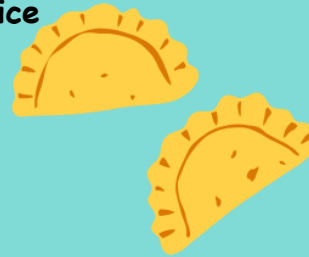
W/C: 2nd Sept, 22nd Sept & 13th Oct

TUESDAY

Picnic Lunch Day

Sandwiches: tuna, ham, cheese, egg or
turkey

Served with a selection of crisps,
biscuits & juice
Water



WEDNESDAY

Roast dinner served roast potatoes,
sausage wrapped in bacon, carrots &
swede

Quorn fillet

Ham or cheese wrap
Fruit crumble cake & custard
Water

WEEK 1

THURSDAY

All day breakfast, vegan
sausage or chicken sausage
(halal) with mini omelette & hash
browns

Turkey or cream cheese wrap

Ice cream or fruit smoothie
Water

FRIDAY

Margherita pizza (vegetarian) or
breaded fish fillet with chips &
peas or baked beans

Vegan option
Ham or egg batch
Chocolate muffin
Water

