



OVERLEIGH ST MARY'S COSMIC CANTEEN

SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

MONDAY

Tomato pasta bake with broccoli & garlic bread

Jacket potato with cheese & beans

Cheese or ham batch

Blueberry muffin

W/C: 16th June & 7th July

TUESDAY

Picnic Lunch Day

Sandwiches: tuna, ham, cheese, egg or turkey

Served with a selection of crisps, biscuits & juice

Water



WEDNESDAY

Roast chicken dinner or Quorn fillet (vegan) served with roast potatoes, Yorkshire pudding and mixed veg

Cheese Flan

Tuna or cheese batch

Jam and coconut sponge with custard

Water

WEEK 3

THURSDAY

Mild chicken curry or vegetable curry served with rice, sweetcorn & mini naan

Ham or egg wrap

Ice cream or fruit smoothie

Water

FRIDAY

Fish cake, chicken nuggets or vegan nuggets—served with chips & peas or baked beans

Egg or turkey batch

Mini ring doughnuts

Water

