



OVERLEIGH ST MARY'S COSMIC CANTEEN

SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

MONDAY

Tomato pasta bake with broccoli & garlic bread

Jacket potato with cheese & beans

Cheese or ham batch

Blueberry muffin

W/C: 16th June & 7th July

TUESDAY

Picnic Lunch Day

Sandwiches: tuna, ham, cheese, egg or turkey

Served with a selection of crisps, biscuits & juice

Water



WEDNESDAY

Roast chicken dinner or Quorn fillet (vegan) served with roast potatoes, Yorkshire pudding and mixed veg

Cheese Flan

Tuna or cheese batch

Custard & fruit pot

Water

WEEK 3

THURSDAY

Mild chicken curry or vegetable curry served with rice, sweetcorn & mini naan

Ham or egg wrap

Ice cream or fruit smoothie

Water

FRIDAY

Fish cake, chicken nuggets or vegan nuggets—served with chips & peas or baked beans

Egg or turkey batch

Mini ring doughnuts

Water

