



OVERLEIGH ST MARY'S COSMIC CANTEN

SALAD BAR AND FRESH FRUIT AVAILABLE DAILY

MONDAY

Creamy tomato pasta bake with garlic bread
and mixed veg

Jacket potato with cheese & beans
Cheese or ham batch

Jam doughnut
Water

W/C: 9th & 30th June, 21st July

TUESDAY

Picnic Lunch Day

Sandwiches: tuna, ham, cheese, egg or
turkey

Served with a selection of crisps,
biscuits & juice

Water



WEDNESDAY

Roast chicken dinner or Quorn fillet
(vegan)
- served with roast
potatoes, stuffing, carrots & green beans

Chicken or egg batch

Jelly (vegan)
Water

WEEK 2

THURSDAY

Sausage and macaroni bake
or vegetarian pasta—served with
sweetcorn and garlic bread

Cream cheese or ham wrap

Chocolate sponge & custard
Water

FRIDAY

Jumbo fish fingers, sausage roll
or vegan sausage roll—served
with chips & garden peas or
baked beans

Turkey or cheese wrap
Ice cream/ fruit smoothie

Water

